

Duke of Edinburgh

Gold Award (voluntary activity)

RESOLVEit: Personal Safety & Self Defence Campaign



As you will be completing your campaign over the course of a year or even eighteen months, the best option is probably to keep a DofE voluntary diary which you put a note in every time you do something for your campaign whether it is delivering an event or preparing marketing materials. There are a couple of examples below, you do not need to write an essay every time but make sure your notes are clear so that when you look back you can understand what you've written 😊

07/06/2020: Researched RESOLVEit, set a date for Zoom meeting next week, brainstormed campaign ideas.

14/06/2020: Completed RESOLVEit e-induction on Tuborial. 40mins. Downloaded personal safety assembly resources.

17/06/2020: Zoom meeting with RESOLVEit, learnt wrist grab releases and how to stand (stance) and keeping my guard up.

24/06/2020: Booked a date to do the Train a Trainer workshop in July. Got my log-in for the BTEC, started looking at the theory.

It really helps writing the final reports if you keep good notes throughout your campaign. You can update your eDofE if you prefer to keep records online. If you do choose to do this, please send screenshots to dofe@resolveitcic.co.uk on a regular basis (monthly) as we cannot access your eDofE.

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