

# CASSEROLES



**Tool:** Plastic zip-top bags,  
storage containers.

**How:** For re-heating ease, slice the  
leftovers into individual portions and  
place them into zip-top bags/storage  
containers for freezing/refrigerating.

**Storage Time:** 3-4 days in the refrigerator.

**Freezer:** 3-6 months.

# CORRECT



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